



# HPSHS CANTEN DAILY SPECIALS MENU 2019

**\*GLUTEN FREE/\*\*VEGAN OPTIONS MUST BE PREORDERED BEFORE FIRST BREAK**

**PREORDERS accepted BEFORE school or at FIRST break for second lunch break**



|                  | 1ST BREAK   | 2ND BREAK   |
|------------------|---|---|
| <b>MONDAY</b>    | <p><b>BEEF BURRITO</b> \$ 4.50</p> <p>(Beef Mince &amp; shredded Veges cooked in a Mexican style sauce with Cheese in a Lebanese wrap, served hot)</p>  | <p><b>BBQ CHICKEN KEBABS</b> \$ 4.50</p> <p>(Chicken with BBQ sauce, Cheese, Lettuce &amp; Tomato in a Lebanese wrap, toasted)</p> <p><b>TOASTED SANDWICHES</b></p> <p>Cheese <b>***VEGETARIAN</b> \$ 2.50</p> <p>Cheese &amp; Tomato <b>***VEGETARIAN</b> \$ 2.50</p> <p>Chicken &amp; Cheese \$ 3.50</p> <p>Chicken, Cheese &amp; Tomato \$ 3.50</p> <p>Ham &amp; Cheese \$ 3.50</p> <p>Ham, Cheese &amp; Tomato \$ 3.50</p>                        |
| <b>TUESDAY</b>   | <p><b>CHICKEN BURRITO</b> \$ 4.50</p> <p>(Chicken &amp; shredded Veges cooked in a Mexican style sauce with Cheese in a Lebanese wrap, served hot)</p> <p><b>POTATO BAKE</b> <b>*GF/**VEGETARIAN</b> \$ 3.50</p> <p>(Potato in sauce topped with Cheese &amp; baked until golden)</p>   | <p><b>TOASTED BUNS</b></p> <p>Ham &amp; Cheese \$ 4.00</p> <p>Chicken &amp; Cheese \$ 4.00</p> <p>Garlic &amp; Cheese \$ 4.00</p> <p>(Buns with filling &amp; toasted)</p>  |
| <b>WEDNESDAY</b> | <p><b>PIZZA</b></p> <p>Margherita <b>***VEGETARIAN</b> \$ 3.50</p> <p>Bacon &amp; Cheese \$ 4.50</p> <p>Chicken, BBQ Sauce &amp; Cheese \$ 4.50</p> <p>Hawaiian (Ham, P'apple, Cheese) \$ 4.50</p> <p>(Stone baked pizza base)</p>  | <p><b>PIZZA SUBS</b></p> <p>Chicken, BBQ Sauce &amp; Cheese \$ 4.50</p> <p>Hawaiian (Ham, P'apple, Sauce, Cheese) \$ 4.50</p> <p>(Filling in a Sub, served hot)</p>   |
| <b>THURSDAY</b>  | <p><b>ITALIAN MEATBALL SUBS</b> \$ 4.50</p> <p>(Meatballs in Napoli Sauce topped with Cheese in a Sub, served hot)</p> <p><b>NACHOS</b> \$ 4.50</p> <p>(Beef Mince &amp; shredded Veges cooked in a Mexican style sauce with added CHILLI, topped with Cheese, melted &amp; served with Lebanese Bread Chips)</p>   | <p><b>GREEK LAMB KEBABS</b> * \$ 4.50</p> <p>(Lamb Yiros with Tzatziki Sauce, Cheese, Tomato &amp; Lettuce in a Lebanese wrap, toasted)</p> <p><b>*GLUTEN FREE OPTION</b></p> <p><b>PREORDER ONLY</b></p> <p>LAMB, SAUCE &amp; SALAD SERVED IN CONTAINER <b>NO WRAP</b> \$ 4.50</p>   |
| <b>FRIDAY</b>    | <p><b>SAUSAGE SIZZLE</b> * \$ 3.50</p> <p>(Barbequed GLUTEN FREE, <b>BEEF</b> Sausage with Tomato or BBQ Sauce in a Sub)</p> <p><b>*GLUTEN FREE OPTION</b></p> <p><b>PREORDER ONLY</b></p> <p>SAUSAGE SERVED IN NAPKIN <b>NO BREAD</b> \$ 2.00</p> <p><b>TANDOORI CHICKEN &amp; CHEESE ROLLS</b> \$ 4.50</p> <p>(Mild Spiced Chicken strips with Cheese in a Sub, served hot)</p> | <p><b>BBQ GRILLED BURGERS</b></p> <p><b>Chicken</b> \$ 5.00</p> <p>(Chicken Breast Burger with Mayo, Carrot, Tomato &amp; Lettuce in a Bun)</p> <p><b>Beef</b> \$ 5.00</p> <p>(Beef Burger with Tomato Sauce, Beetroot, Tomato &amp; Lettuce in a Bun)</p> <p><b>Vegetarian</b> <b>**VEGAN OPTION</b> \$ 5.00</p> <p>(Vege Pattie with Mayo, Beetroot, Carrot, Tomato &amp; Lettuce in a Bun)</p> <p><b>**VEGAN - NO MAYO REPLACE WITH HOMMUS</b></p> |